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EASY {page 20}



HALIFAX

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Monday, June 13, 2011  
[www.metronews.ca](http://www.metronews.ca)



News worth sharing.

**Monster. Mash**



► Ryan Anderson gets airborne while driving Son-uva Digger during the freestyle competition at the Advance Auto Parts Monster Jam at Scotia Speedworld yesterday. Local monster-truck fans enjoyed three shows over the weekend. Check out [metronews.ca/halifax](http://metronews.ca/halifax) for a photo gallery from yesterday's event.

## Will debate go public?

► Mayor says he has a 'job to do,' will preside over council meetings on the AG's report concerning the concert-cash scandal



ALEX BOUTILIER  
@METRONEWS.CA

There is confusion brewing at city hall over how auditor general Larry Munroe's report into the concert-cash scandal will move forward in council.

Coun. Linda Mosher said she put forward an added item for this week's agenda concerning council's options in dealing with Munroe's report.

But Mosher said the office of the municipal clerk told her the report dealt with personnel matters, and as such must be discussed behind closed doors.

"I want to discuss the report, and what options are available to council, but I would like (to discuss) it in a public session," she said yesterday. "But I was told, 'No, it's got to do with personnel, and it has to be in camera.'"

Councillors will vote tomorrow on whether to move Mosh-

### Kelly's take

► Mayor Peter Kelly, who figures prominently in auditor general Larry Munroe's report, said he doesn't know the specifics of Coun. Linda Mosher's motion. ► "If it is a personnel issue, it will be dealt with (in camera)," he said. "But if it's not, then it will come out."

er's item to the public meeting or not. But that doesn't mean the debate will never see the light of day.

When the report was released last Tuesday, council moved it to the audit and finance committee for an in-depth look at Munroe's recommendations. That committee — of which Mosher is a member — meets Wednesday.

From there, it's up to the committee to decide how to best move forward with Munroe's recommendations.

It's crunch time at Scotia Speedworld



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news



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**Boston and Vancouver: A tale of two cities full of hockey fans in very different moods. Video at [metronews.ca](http://metronews.ca)**

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► Taylor Dacey, 16, from Hammonds Plains, launches into the air at the Halifax Common skate park yesterday afternoon. Dacey was showing off his skills in a BMX demonstration at Mountain Equipment Co-op Bikefest.

RYAN TAPLIN/METRO

Wheelin' it off the beaten path

## Search yields no other bones

► It's estimated over 30 investigators and members of Halifax Search and Rescue combed through woods in Upper Sackville after skull was found ► Police spokesman says 'scene was completed' at 7 p.m. on Saturday ► Still many more questions than answers in case



**PHILIP CROUCHER**  
@METRONEWS.CA

A search in the wooded area of Upper Sackville where a human skull was found late last week has turned up no new bones.

Halifax RCMP spokesman Cpl. Scott MacRae said the search by police and Halifax Search

and Rescue ended on Saturday evening — over 48 hours after the "human full skull" was first found.

Police were combing the woods looking for evidence, including the possibility of more human bones, after the skull was found in the 3300 block of Sackville Drive by surveyors working in the area on Thursday around 2 p.m.

"Investigators are now waiting for the (medical examiner's) results to come back — hopefully get answers to the age, the gender, the time in the woods," MacRae said yesterday. "See where we go from there."

MacRae didn't have a timeframe to when that information may be made available from a forensic

**"They're saying a full skull was found."**

**CPL. SCOTT MACRAE OF INVESTIGATORS**

met with foul play, but investigators are already looking into files for unsolved homicides and missing persons.

"The biggest pieces of the puzzle are information about ... what gender are we talking about, how old," he said. "Any of that type of information plays heavily in helping the investigators."

anthropologist.

MacRae also said it's too early to tell if the skull belongs to someone who was

## Dartmouth man facing assault charges

A 36-year-old Dartmouth man is due in court today after police responded to an alleged assault at an apartment building in Dartmouth last Friday.

Police say they went to the 200 block of Victoria Road just before 8 a.m., and found a 51-year-old man lying in a hallway of the building.

Lee Corey Elliott is

charged with one count of aggravated assault.

Police say he is known to the victim.

Two other women were also arrested, but no charges were laid.

Police say their investigation has led them to believe the victim was invited to the apartment and then assaulted.

► METRO

## RCMP look into crash

Investigators in the Annapolis Valley are trying to determine what caused a single-vehicle crash that claimed the life of a 22-year-old man early Saturday morning.

RCMP say the man's car missed a turn and hit a tree and a utility pole in South Farmington.

THE CANADIAN PRESS

## Sackville assault victim knew attacker: RCMP

Police say a Halifax-area woman who was sexually assaulted over the weekend knew her attacker.

Halifax RCMP say officers were dispatched to a foot path near Glendale Drive in Lower Sackville at 3:30 a.m. on Saturday.

The 37-year-old victim was taken to hospital for treatment.

Police advise it doesn't

appear to be a random act because the victim knew the person who attacked her.

They are also asking for the public's help as they continue their investigation in the case.

Police say the man — the lone occupant in the vehicle — was from Victoria.

THE CANADIAN PRESS

## Preliminary hearing waived in murder case

A woman accused of first-degree murder in the shooting death of a Dartmouth teen has waived her right to a preliminary hearing.

Amanda Greene, a 19-year-old from Cow Bay, is now due back in court on June 22.

Two brothers have pleaded guilty in the case.

Steven Gowen of Eastern Passage was sentenced to three years in prison Thursday after pleading guilty to being an accessory to murder after the fact.

The 21-year-old had origi-

nally been charged with first-degree murder in the death of Dillon Jewett, 18, of and being an accessory after the fact.

The murder charge was withdrawn after Gowen pleaded guilty to the lesser offence.

His 23-year-old brother, Kyle Gowen, pleaded guilty to second-degree murder Tuesday.

James Patterson, 21, of Eastern Passage is charged with being an accessory to murder after the fact.

THE CANADIAN PRESS

### COUNCIL

## Urban hens issue to be explored

Peninsula Community Council will meet tonight at 7 p.m. to discuss a staff report on the contentious issue of urban chickens in Halifax.

The report examines the possibility of amending land-use bylaws to allow residents to keep a small number of egg-laying hens in backyard coops.

## Man nabbed in connection to drive-by shooting

A Cape Breton man wanted on a Canada-wide warrant after a drive-by shooting last month in Sydney has been arrested. Police say 23-year-old Logan Myles Gregory of Sydney was picked up Friday in Halifax.

THE CANADIAN PRESS

### Correction

► Story. Incorrect information appeared in the story Greek Fest draws young and old, Metro Halifax, June 10 to 12. Bessy Nikolaou and George Nikolaou are siblings. George Nikolaou also did not help launch Halifax Greek Fest, as was originally reported.



RYAN TAPLIN/METRO

## Firefighters prepare to walk in her shoes

The firefighters were raising money and practicing walking in high heels for tomorrow's YMCA's Walk a Mile in her Shoes event at Scotia Square in downtown Halifax.

## N.S. foots bill for execs: Report

► NSBI declines to release guest names, due to privacy concerns ► 'Do I think we'll see more long-term business? I do. Can I guarantee it? Absolutely not': Lund

A Nova Scotia Crown agency paid for \$724-per-night hotel rooms and \$775 hockey tickets for business executives during the Olympics in Vancouver last year, according to documents obtained by The Canadian Press.

Stephen Lund, the chief executive of Nova Scotia Business Inc., and one of his staff members, took four prospects to the gold medal hockey game and put them up in three hotels, according to documents obtained under

access to information legislation.

Three executives received \$775 tickets to the game made famous by Sidney Crosby's winning goal, and they also received tickets to the closing ceremonies at the same price.

The other invited guest received a \$550 seat to the game and a closing ceremony ticket worth \$500.

The hotel stays ranged from a high of \$1,449 for two nights for one guest to a low of \$800 for a two-night stay for another

**\$56,959**

The total trip cost, which includes Olympic tickets, hotel and some entertainment expenses for all guests invited by Nova Scotia Business Inc.

sulted from the Olympic trip.

"I'm not going to be specific but ... if you look at all the companies that we were with out there, there has been business done in Nova Scotia," Lund said. "But I don't know if it's directly a result of our efforts there."

Donald Savoie, who wrote a report last year on economic development in Nova Scotia, said it's difficult to categorically say whether such trips are worthwhile.

THE CANADIAN PRESS



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# Judge advises man he's at 'crossroads'

## ► Sentences him to nine months in jail for driving while disqualified

A Halifax man with a notorious criminal record as a teenager has been handed a jail sentence by a judge who told him he is at the "crossroads" of his adult life. In a written decision on Friday, provincial court Judge Anne Derrick sentenced Archie Billard, 22, to nine months in jail for driving while disqualified.

"You will have to assess who you should be associat-

ing with and turn away from people who are not law-abiding," Derrick told Billard.

"If you fail to embark upon this new course now, the time will shortly come when you will be unable to turn the page on your past."

Billard pleaded guilty in April to driving while disqualified, possession of a knife and breaching a probation order from New-

foundland and Labrador.

Derrick concluded Billard should receive credit for remand time and serve a further two months in jail along with 18 months of conditional probation. Billard received a four-month concurrent sentence for breach of probation and one-month concurrent sentence for possession of the knife. Derrick said the sentence keeps in mind the im-

### Criminal record

► Billard was released from prison in 2009 after serving 4 1/2 years for a crash that claimed the life of teacher's aide Theresa McEvoy.

portance of rehabilitation for a young man who would be returning to the community and is "not incorrigible." **THE CANADIAN PRESS**



► Archie Billard at Halifax provincial court.

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## A HISTORIC DAY, WIN OR LOSE

 **JEFF HODSON**  
@METRONEWS.CA

On the verge of its first Stanley Cup in Canucks history, Vancouver quietly passes a dark milestone — tonight is the 125th anniversary of the night the city burned to the ground.

The Great Fire of June 13, 1886, blazed through Vancouver's mostly timbered shacks and reduced the new city (it was only two months old) to ash.

Downtown Vancouver is a different sort of tinderbox today, one sparking with nervous excitement: The whole city seems to be holding its breath for the game.

### HOME ICE ADVANTAGE



Across the province, people exhaled with wild, happy celebration after Game 5. More than 100,000 people celebrated in downtown streets, and throughout the city cars honked and firecrackers barked in communal glee.

In its 40 years as a franchise, the Canucks have never won hockey's ultimate prize. They've been in the final twice before. Last time there were riots when they lost.

**JEFF HODSON IS MANAGING EDITOR OF METRO VANCOUVER**

# 'Resilience and recovery'

► First photos of Gabrielle Giffords show congresswoman smiling, few signs of gunshot wound ► She could be released from rehab facility this month

Images of a smiling U.S. Rep. Gabrielle Giffords were posted early yesterday on her Facebook page, two photos that show her with shorter, darker hair but few signs that she suffered a gunshot wound to the head.

The photos were taken May 17 outside the Houston rehabilitation facility, TIRR Memorial Hermann, where Giffords has been undergoing intensive treatment since she was wounded five months ago at a meet-and-greet event with constituents. Six people died and a dozen others were wounded in the Jan. 8 attack in Tucson, Ariz.

Since then, access to the Arizona congresswoman has been tightly controlled. Until yesterday, no clear images had been released.

Giffords spokesman C.J. Karamargin said staff members released the photos yesterday to help satisfy



► This May 17 photo of U.S. Rep. Gabrielle Giffords, left, was posted to her public Facebook page by her aides yesterday. The woman in the background is her mother, Gloria Giffords.

"intense interest in the congresswoman's appearance."

The photos capture her ecstatic mood following her astronaut husband's space-shuttle launch in May.

"She got to see her hus-

band successfully ride a rocket into space," Karamargin said. "So who wouldn't be pleased?"

He added: "I think this photo speaks volumes about the congresswoman's

resilience and recovery.

"It shows someone in very good spirits, someone who is happy, someone who has a very positive attitude."

**THE ASSOCIATED PRESS**

## Studying mental hardships of High Arctic postings

As Canada asserts its Arctic sovereignty, the military wants to know whether people working in dark, isolated outposts are prone to mental breakdown.

And a recent report for the scientific arm of the Department of National Defence says the answers

may be found in early expeditions to Antarctica, where polar explorers suffered a raft of psychological problems a century ago.

"Early Antarctic research identified the 'winter-over syndrome,' comprised of depression, anxiety, irritability, hostili-

ty, insomnia, and inability to concentrate," says the newly released report.

"Two unique phenomena have also been noted. One is 'Big Eye,' chronic insomnia; the other is 'Long Eye,' a vacant stare denoting that the individual is ... unaware of the surrounding environment

and activities."

The findings are part of a March 31 study commissioned by Toronto-based Defence Research and Development Canada, and obtained by The Canadian Press under the Access to Information Act.

Researchers were asked to review scientific litera-

ture on the psychological adaptation of people working in isolated, confined or extreme environments. That includes submarines, space capsules and lonely polar outposts.

The government scientist who ordered the research says the aim is to help personnel assigned to

posts in the High Arctic, such as remote CFS Alert on the northeastern tip of Ellesmere Island. The RCMP, Environment Canada and other departments regularly assign staff to this extreme environment, in addition to the military.

**THE CANADIAN PRESS**

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# Urban postal strikes roll on

► Unionized Canada Post workers set for rotating strikes in 10 more cities ► No deal reached on weekend

A weekend of negotiations failed to produce a settlement to end rotating strikes by Canada Post's urban workers.

Canada Post spokesman Jon Hamilton said management told union negotiators that the job action has succeeded only in pushing customers away.

Hamilton said the post office feels that those customers won't return until they're sure reliable service can be provided.

He repeated the post office mantra that the union representing the workers is making unrealistic demands.

The Canadian Union of Postal Workers said on Friday that it would end the strikes if the previous collective agreement was reinstated, something the post office rejected.

The union said if the collective agreement were reinstated, then members could have health benefits paid and ensure that the company couldn't slash hours.

"This behaviour on the part of Canada Post Corporation is totally unacceptable," Denis Lemelin, CUPW national president, said in a news release. "Once again, Canada Post is rejecting any of our efforts to resolve the issues."

Hamilton said the parties need to negotiate a new collective agreement. "We have a good offer that's on the table," he said, adding that the union was warned if it served notice it would strike, then all benefits would be canceled.

"The union knew what the ramifications were," Hamilton said, adding the union had the option to cover benefit bills itself, but chose not to.

Postal workers in Red Deer spent the weekend on strike. Employees in ten cities across the country will walk off the job next.

Rotating strikes will begin late Sunday night in Corner Brook, N.L., Fredericton, N.B., Sydney, N.S. and its surrounding communities, Trois-Rivières, Que., Sherbrooke, Que., Cornwall, Ont., Windsor, Ont., Niagara Falls, Ont., Regina, Sask., and Nanaimo, B.C.

## Deliveries cut

- Blaming mail volumes that have fallen by half, Canada Post said that from next week delivery in most cities will drop to three times a week — on Monday, Wednesday and Friday.
- Rural Canada will continue to have daily service because those carriers are covered by a separate labour contract.
- By reducing staffing, Canada Post can trim its costs, paying workers only for hours worked. By holding rotating strikes instead of a full walkout, union members are usually losing only one or two days' pay.

TORSTAR NEWS SERVICE

The rotating strikes started June 2.

Ashley Kelahear, spokeswoman for Labour Minister Lisa Raitt, did not respond to a question about whether back-to-work legislation was being considered.

THE CANADIAN PRESS/ WITH FILES FROM TORSTAR NEWS SERVICE

## Record. Height



► Junrey Balawing, 18, jokes on the microphone after he was officially declared the world's shortest living man by Guinness World Records at an event in the Southern Philippines yesterday.

BULLIT MARQUEZ/THE ASSOCIATED PRESS

## Filipino is world's shortest man

Junrey Balawing stands 59.7 centimetres tall. The previous record-holder for the world's shortest living man measured 67.1 centimetres.

## CRA grades slipping: Report

The Canada Revenue Agency has been giving itself an A in its report card on service to taxpayers — but a new audit suggests the grading scheme was rigged.

Since 2006, officials have promised to get responses out within 45 days at least 80 per cent of the time.

Last fall, the Canada

Revenue Agency said it was doing a stellar job in responding to written requests from taxpayers for GST and HST rulings and interpretations.

But that claim has withered under the scrutiny of internal auditors, who did their own independent grading — and gave the agency an anemic 74 per cent, well be-

**93%** In a recent annual performance report to Parliament, CRA said it met a 45-day response deadline 93 per cent of the time. Internal auditors graded the agency at 74 per cent.

low the minimum standard.  
THE CANADIAN PRESS

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# No fracking way?

► Alberta woman says natural-gas fracking to blame for flaming well water ► Method is an industry mainstay

Jessica Ernst fills the empty water-cooler bottle from her garden hose. The liquid bubbles and hisses like club soda and a thick white cloud floats to the top.

Something isn't right with the well water on her Alberta property.

What happens when she removes the cap from the bottle and drops in a lit wooden match is even more disconcerting. There's a loud poof and a flash of blue flame. Ernst quickly snatches her hand away.

"I've done that hundreds, probably thousands, of times and I can't help but move," she apologizes.

She repeats the procedure. This time, it's a yellow

flame that lasts a little bit longer. Ernst jokes that it's her magic trick. "I might just have to take this act on the road to pay for my legal fees," she laughs.

Ernst has filed a multi-million-dollar lawsuit against energy-giant EnCana, Alberta Environment and the Energy Resources Conservation Board in which she accuses them of negligence and unlawful activities.

The 54-year-old environmental consultant in the oil and gas industry blames her water problems on shallow gas wells that were drilled near Rosebud, Alta., eight years ago using a method called hydraulic

fracturing, also known as fracking. It involves blasting water, chemicals and sand deep underground to break up coal formations and release natural gas.

The oil and gas industry defends the long-standing and increasingly common practice as a highly regulated and safe way to tap gas supplies that are otherwise hard to reach.

But controversy swirls, fuelled by lawsuits such as the one Ernst has filed and by mass media attention such as the 2010 documentary film *Gasland*, which focused on communities in the United States affected by natural gas drilling.

THE CANADIAN PRESS

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# The heat is on in Air Canada talks

## ► Airline prepares strike backup plan

Ottawa has urged both sides in the Air Canada labour dispute to reach a negotiated agreement as soon as possible.

Lisa Raitt, the labour minister, said in a weekend statement that she is concerned about the impact of a work stoppage on Canadians and on Canada's economic recovery.

The Canadian Auto Workers, the union representing some 3,800 customer-service and sales staff, issued a 72-hour strike notice Friday, which

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means job action can begin at 12:01 a.m. Tuesday.

Negotiations continued through the weekend, with a key sticking point being a proposal to change pension plans for new hires.

In a statement yesterday, Air Canada said it has a backup plan to continue operating at full schedule.

"Management has been trained to provide assistance at the airports that would be affected," said Duncan Dee, Air Canada's chief operating officer.

THE CANADIAN PRESS

## Divide or be conquered: Shareholders to RIM CEOs

BlackBerry maker Research in Motion Ltd. is facing a challenge from dissident shareholders who are calling for a separation in the roles of CEO and chairman. RIM is led by two executives, Jim Balsillie and Mike Lazaridis, who serve as both co-CEOs and co-chairmen.

Northwest & Ethical Investments says a division of the roles is vital for the board to be able to oversee the CEOs. RIM disagrees, and said it will ask shareholders to vote against the proposal.

The challenge is not the only turbulence RIM has to contend with. Last month the company said it facing a class-action lawsuit in the U.S. that alleges it misled investors about its financial condition and business prospects.

THE CANADIAN PRESS



► Hong Kong residents have always had a fascination for high fashion, something Prada and its bankers hope will translate into a successful IPO this month, as the company offers 423.3 million shares for sale. Executives said they are optimistic about Prada's expansion into Asia, despite recent turmoil in world stock markets.

VINCENT YU/THE ASSOCIATED PRESS

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# BLAH, BLAH, BLAH AND BAFFLEGAB

## URBAN COMPASS

STEPHEN KIMBER  
METRO HALIFAX



Was it criminal? That seems to have become the question. It's the wrong question.

Last week's 96-page auditor general's report into the great concert fiasco-fandango dissected and bisected the ever-escalating series of high-level handouts that rambled merrily along — unchecked and in secret — from one faux-successful Common concert to the next fluff-the-numbers extravaganza to, oops, there goes \$359,000 ...

The auditor general's most damning conclusion was that the mayor, the municipality's acting chief administrator and the head of the Metro Centre all made "inappropriate" decisions that violated HRM's charter and/or common sense and — worse — knew or should have known better.

Were their actions criminal?

By week's end, the criminality question seemed so pervasive even the auditor general mused "it would be prudent for me to seek advice" on possible charges.

There is no question the three acted inappropriately, but it seems clear they didn't do so for personal gain. They got caught up in what the report calls an "overwhelming desire" to match

Moncton's success as a concert venue and made some wrong-headed decisions as a result.

In the unlikely event they were to be charged, it's even less likely they would be convicted.

If we want retribution/satisfaction, we need to look elsewhere.

**"Well, the mayor did what he does best. Evaded personal responsibility ..."**

Peter Kelly? Well, the mayor did what he does best. Evaded personal responsibility with bafflegab and bluster.

His own official response began with a beside-the-point civics lesson on the role the auditor general plays in helping council be "accountable for the stewardship of public funds.... I support and will continue to support this important function."

And blah, blah, blah.

It ended with, "I fully accept the recommendations," without ever acknowledging — or apologizing for — his central role in making those recommendations necessary.

That may not be criminal. It probably isn't.

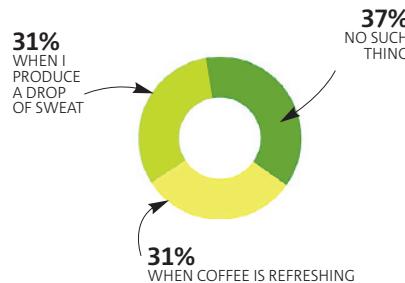
But it's a political crime worthy of electoral defeat. The next municipal election is in a little more than a year.

Let's hope there's a worthy alternative this time. And that we vote and deliver the verdict that really counts.



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**metrolife panel**  
How hot is too hot in the summer?



### Local tweets

- **@shoeberry:** Just took a look at the weather in Toronto for the week: sunny and warm. Halifax? Pouring with rain for about 3 days. Again. And cold. #bleh
- **@picnicface:** Filming at the beautiful NSCC Waterfront Campus. Great view of the Halifax skyline and the giant sea panda that guards the harbour
- **@MichaelFleming1:** I should have trained for this (eating an olympic size club sandwich) at My father's mustache in #halifax #ecl11
- **@miggitymel:** Hey #Halifax: I need to get my French skilz back up to par — anybody have any advice on where to make that happen?

### Worth mentioning

**LONDON.** Scientists are quickly combing the DNA of the killer bacteria behind the world's worst E. coli outbreak to find clues about how to treat patients and prevent future epidemics.

So far, one strain from a German patient has been sequenced by Chinese and German scientists. While the genetic information is preliminary, experts say there are a few hints about where the bacteria came from and why it might be so lethal.

The E. coli causing Europe's massive outbreak is likely the product of another strain first detected a decade ago in Germany, but with some dangerous mutations, experts say.

Because E. coli is constantly evolving, it is riddled with genes swapped from other strains found in animals and humans, giving it countless opportunities to acquire something lethal.

So far, the bug has killed at least 35 people and sickened more than 3,000, including several hundred who have developed life-threatening kidney failure.

**THE ASSOCIATED PRESS**

### Cartoon by Michael de Adder



### WEIRD NEWS

## Another twist on definition of the arts

Getting a lap dance isn't the same as taking in a ballet, so an alcohol-free strip club will have to pay the tax man, a New York state court has ruled.

Four Appellate Division justices agreed with a state tax appeals commission's earlier finding that dances onstage or in private rooms at the club Nite Moves in suburban Albany, N.Y., don't qualify for a state tax

exemption as "dramatic or musical arts performances."

Nite Moves contested a tax bill of nearly \$125,000 plus interest on lap dances and admission fees stemming from a 2005 audit. Its attorney, W. Andrew McCullough said Friday the club has a later, larger bill it is also challenging, and that he would probably appeal the Appellate Division ruling.

McCullough said the impact of the ruling probably won't be widespread since most establishments featuring exotic dancers as entertainment are bars mainly selling alcohol where other tax rules apply. "We admit the ballet is a little different and maybe a little more finely tuned," McCullough said. **THE ASSOCIATED PRESS**

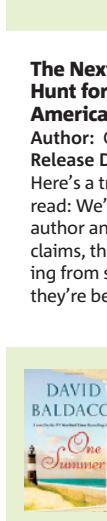


## Box office



Hollywood's summer box-office streak has cooled a bit with a \$37 million opening weekend for J.J. Abrams and Steven Spielberg's sci-fi tale *Super 8*. It was a healthy but unremarkable launch for the movie centred on teen filmmakers and an alien entity. After a string of blockbuster debuts, Hollywood's overall revenues dipped for the first time in a month. *Super 8* bumped off the previous weekend's No. 1 movie, the comic-book prequel *X-Men: First Class*, which slipped to second-place with \$25 million. *First Class* raised its domestic total to \$98.9 million.

THE CANADIAN PRESS



**Carte Blanche**  
Author: Jeffery Deaver  
Release Date: June 14  
Jeffery Deaver updates Bond to be an Afghan war vet with gadgets galore working for a super-secret, post-9-11 organization. But don't worry — this "new" Bond still gets the ladies.



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METRO WORLD NEWS IN HOLLYWOOD

Still active on Broadway, the celebrated Angela Lansbury, 85, returns to movies with Mr. Popper's Penguins, a project she admits she mainly signed on to for the chance to work opposite Jim Carrey.

**Did you have expectations about working with him?**

Yes, certainly. I wasn't sure what I was going to come up against, you know? I thought, Gosh, is he going

to do pratfalls in front of me? And if he does, how am I going to react? Well, he didn't. And we had some funny stuff. You never see all the funny stuff that we shot because it's always axed out.

I as the actress will be sitting there in the projection room looking at it and say, 'But what hap-

pened to such and such?' And this is what's so awful about movies. They can tailor your performance in the editing room, and suddenly the whole of what you did is not evident.

You only see a piece of what you did. And that is disturbing for actors and actresses — certainly for me it is.

# Hot summer reads

► From perennial summer favourites to a touch of fantasy to books made even more frightening because they're true — we've got the perfect lit picks for your beach bag

ISTOCK IMAGES



**The Sportsman: Unexpected Lessons from an Around-the-World Sports Odyssey**

Author: Dhani Jones

Release Date: June 7

Dhani Jones has done it all. He's an NFL linebacker, the star of Travel Channel's *Dhani Tackles the Globe*, a poet, a photographer and a bow-tie entrepreneur, and now he adds writer to the list with his new travelogue/memoir, *The Sportsman*.

**The Next Wave: On the Hunt for Al Qaeda's American Recruits**

Author: Catherine Herridge

Release Date: June 12

Here's a truly terrifying beach read: We've finally nabbed bin Laden, but as author and Fox News reporter Herridge claims, the next wave of terrorists aren't coming from some far away foreign country — they're being born and raised in the U.S.



► Nothing beats a summer read that's hot off the press.

**One Summer**

Author: David Baldacci

Release Date: June 14

One Summer is a huge departure from David Baldacci's regular shoot-'em-up thrillers. Set on the oceanfront in South Carolina, One Summer presents a moving story about family — no gunfire involved.



**Flashback**

Author: Dan Simmons

Release Date: July 1

This thriller is set in the near future, where a bankrupt America is addicted to a drug that allows its population to relive the best moments and memories of the past. Simmons deftly explores how you can lose your future to your past and the inertia that can result from an addiction.

**Dominance: A Novel**

Author: Will Lavender

Release Date: July 5

Former professor Richard Aldiss decides, via a night class broadcast from his jail cell, to find the murderer of two of his former graduate students — a crime he was convicted of 12 years ago. But then, one of his students is killed in the same way as the previous victims.



a stolen life



jaycee dugard

**A Stolen Life: A Memoir**

Author: Jaycee Dugard

Release Date: July 12

Jaycee Lee Dugard needs no introduction. Even the People magazine news articles about her, which only lightly touch on her 18 years in captivity by Phillip and Nancy Garrido, read like gripping thrillers.



**A Dance with Dragons: A Song of Ice and Fire: Book Five**

Author: George R.R. Martin

Release Date: July 12

Fan boys the world over (and the millions of new recruits thanks to the hugely popular HBO adaptation) have been waiting for Book five from the *Song of Ice and Fire* series for over six years. On July 12, the wait is over.

## Lansbury still going strong

► The outspoken actress talks about her experience working with Jim Carrey



► Angela Lansbury and Jim Carrey share the screen in *Mr. Popper's Penguins*.

Decades after M-A-S-H, the future of Cpl. Klinger's beloved Tony Packo's hot dogs is in doubt. Scan code for story.



# Guess who the Olsen twins are linked to now

► Justin, Kanye romantically involved with sisters, according to reports



► Mary-Kate and Ashley Olsen

Mary-Kate and Ashley Olsen have both been turning heads lately thanks to the men they've been spending time with.

First, Ashley was reportedly spotted at several events with Justin Timberlake, according to Us Weekly.

While Timberlake's rep insists the two are just friends, a source insists, "They are hooking up."

And now Mary-Kate has been hitting the town with rapper Kanye West, according to E! Online. The two hit up West's birthday party at a New York City nightclub, where eyewitnesses claim they were seen kissing.

● METRO

## Double whammy for Lily

It was a big weekend for singer Lily Allen.

First, she married long-time boyfriend Sam Cooper, who then used the wedding's reception as the perfect opportunity to announce that his new bride is pregnant, according to the Daily Mail.

"There were tears all

around," a source says. "This is the happiest day of Lily and Sam's lives and they are so in love. This is the icing on the wedding cake."

Allen is reportedly thrilled but cautious, given that last November she tragically suffered a miscarriage. ● METRO

### Celebrity tweets



The weather here in New York City is hot, humid and muggy. YUCK! It's so sticky, I feel like a human Post-It!



Today I rode a jet ski from Positano to Amalfi and back...how was your day?



@keshasuxx  
I wish I could give every single one of u a tiny truck stop figurine of a dragon.



@SethMacFarlane  
Thank you, Don Henley music. I was in too good a mood just then.

## Much fuss over tattoo

It looks like tattoo artist S. Victor Whitmill may earn some satisfaction from Warner Bros. after all.

The artist, who designed Mike Tyson's famous face tattoo, sued the studio for copyright infringement over its use on Ed Helms' face in The Hangover Part II. And now the studio is looking to settle things, according to Entertainment Weekly. "If the parties are unable to resolve their dispute, Warner Bros. does not intend to make any use of the allegedly infringing tattoo after the film ends its run in the theatres," studio lawyers say. "Warner Bros. will digitally alter the film (for the DVD release) to substitute a different tattoo on Ed Helms' face." ● METRO



► Ed Helms

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### Talking points

#### Gomez taken to hospital

NAUSEA. After seeming fine during a Tonight Show performance, 18-year-old pop singer Selena Gomez was rushed to the hospital complaining of nausea and a severe headache, according to TMZ.

She spent the night at the hospital, with her rep only saying that the singer was "currently undergoing routine tests."

Her management was quick to cancel a weekend performance at the Santa Monica Pier.

● METRO



## Big news coming from Britney?

Britney Spears is reportedly sitting on some big news, as sources say she's ready to announce she and Justin Trawick are engaged, according to Hollyscoop.

"She's on cloud nine," a source says. "Britney is desperate to settle down again

and have more children. But she is very traditional and didn't want to start a family with Jason until they'd tie the knot."

Trawick reportedly proposed by filling their home with roses and candles and writing Spears a poem.

● METRO



► Selena Gomez

3  
lifeFather of  
the year

In recognition of his extraordinary life, Walter Gretzky, one of Canada's most famous fathers, is being honoured as Canada's 2011 Father of the Year by Doro, a world leader in easy-to-use cell phones and devices designed especially for seniors. **● METRO**



Father's Day gift ideas for stressed-out dads.

# Of fathers lost and found

► Estrangements can make Father's Day a quiet day for many families, but reunions can be oh so sweet ► Here is a story of lives touched by a father being reunited with his child



► From left: James Morrison (Marni's husband), Wen-ying Lu (Mark Shaw's wife), Mark Shaw (Marni's birth father), Marni Morrison, 19-year-old Alison Fuglestad (Marni's daughter), 12-year-old Lucy Fuglestad (Marni's daughter).

MARK SHAW, TOM DAY / THE ASSOCIATED PRESS

In 2008, Marni Morrison's world turned upside down.

That's the year she decided to contact her birth mother, who told her that contrary to her adoption file, her birth father was very much alive.

"I said, 'what are you talking about?' because in my mind he had been dead all that time," said the 42-year-old mother of two daughters, ages 19 and 12. "I'm still trying to get it through my head that he's alive. You're told something your whole life and there's a lot of rewiring that goes on with this whole experience."

Marni grew up in suburban Minneapolis and lives in Red Wing, Minn. She was adopted at birth, the

little sister of three much-older brothers born to her adoptive parents.

She'd had access to her adoption file since turning 18, but had no interest in looking at it until after becoming a mother herself, when she felt the need to check on potential health issues for her children.

She didn't find any health worries. Instead, she stumbled on a trail of lies. The file included a letter written by her birth mother in 1969 that said both her birth parents were medical students who'd planned to marry, but her birth father died in a motorcycle accident, "and it was too hard for her to keep me so she put me up for adoption."

Marni said.

None of it was true, but she didn't know that until she found her birth mother and they spoke for the first time.

"She said, 'Your birth father not dead. He's a lawyer in Illinois.'

Marni said her mother wrote the letter in an era when single mothers were often pressured to give up their babies or risk ruining their lives.

Marni and her husband, James, Googled the name her birth mother had given them for her birth father, Mark Shaw.

Two people popped up, but only one was in the right age range. But they dropped the hunt when her adoptive dad got sick.

He passed away in July 2009. "He had been a rock my whole life," she said.

Nine months later, James came across a book written by someone named Mark Shaw as he searched online for advice on how to publish a play.

He clicked on the author's website and staring back in a photo was a man with the same gap in his teeth as his wife.

James sent Shaw an email asking whether he had practiced law in Illinois around the time of Marni's birth. The answer was yes. The hunch was confirmed by a paternity test, and father and child now see each other often.

"I've been in a daze for the last year," Marni said.

"We recently updated our insurance policy and I can offer all my information now. I've never been able to do that."

As for Mark Shaw, he said he barely knew Marni's mother.

"This was the 1960s. I was moving around like I have my whole life — so fast," the 65-year-old author, legal analyst and seminary graduate said.

He welcomed Marni, her husband and his newfound grandchildren with open arms. "I had always dreamed of being a father but just believed it wasn't going to happen," said Shaw, who is married and lives in Superior, Colo. "I look at this as the gift of a lifetime." **THE ASSOCIATED PRESS**

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# The case for ADHD drugs

- A new study indicates a rise in attention deficit hyperactivity disorder
- Dr. Vicki Panaccione, child psychologist and author of *What Kids Would Tell You...If Only You'd Ask!*, offers her take on how to help them

Kids experience a lot of problems with ADHD, some inadvertently caused by their parents. Don't get me wrong, these are well-meaning parents. These are the ones who come into my office and immediately let me know in no uncertain terms, "I'm not putting my kid on drugs." You can't blame them — it seems every few months, a new study comes out about medication and its dangers or benefits or shortages. I don't prescribe medication, but what I will do is thoroughly evaluate a child to determine if he, in fact, has ADHD. And, if he does then the parents and I need to have a talk.

As a child psychologist, it's my job to make the

best recommendations I can. Then, it's the parents' job to decide to follow them or not. I treat all my patients ("my kids," as I call them) like my own and the recommendations I make are the ones I would follow if this was my own child.

And what I have found in over 25 years of working with kids is that medication has had the most positive effect in helping kids who have problems with ADHD. The improvement in their attention, focus and behaviour can be astounding. I even work with parents who delay following their physician's advice finally "give in," and then wonder why they waited so long. Medication

for children who are truly and accurately diagnosed with ADHD can help alleviate the problems.

It's just like being told your child has diabetes and needs insulin. Would you argue with that? No! Why? Because it can be measured. You can take a blood test and see exactly what the insulin level is and then compare that to what it should be.

So why are parents still resistant? For several reasons that I totally understand and respect. First off, ADHD isn't always understood for what it is: a chemical imbalance. The reason kids have problems with ADHD, including difficulty paying attention, sitting still, etc., is because

they are not producing the right amount of chemicals in their brains that allow their bodies to manage those tasks properly. Once it's understood that ADHD is a biochemical condition, why not balance out their child's chemicals?

Secondly, one of the problems with ADHD is that there is no blood test, chemical test or actual test of any kind! We only have observation, behavioural reports and tests of attention, processing and so on. And, because diagnosing ADHD is not an exact science, parents are more inclined to seek alternative treatments before considering the one that has been proven to be the most effective.



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# CHEWING OVER BPA

My son chews on his crib railing protector. It says it's BPA- and phthalate-free, but made of plastic #4 or PVC. If I don't use it, he'll chew on the wood and paint. Is a plastic cover my only option? *Melissa of Sherwood Park, Alberta*

## QUEEN OF GREEN

LINDSAY COULTER  
GREEN@METRONEWS.CA



You're on the right track to avoid plastics that contain toxic chemicals, like Bisphenol-A (BPA) and phthalates. But I think you may have the plastic number and name confused. Let me explain.

Plastic #4 is actually low-density polyethylene or LDPE. It's less toxic than other plastics. PVC, on the other hand, is polyvinyl chloride or plastic #3.

It's widely used because it's cheap, durable, and



ISTOCK PHOTO

safer and cost-effective alternatives are already available for virtually every PVC product out there, including baby products.

You can find PVC-free teethers, pacifiers, bibs, bath toys, and even Halloween costumes. The Centre for Health, Environment and Justice suggests this jingle to help you remember: "bad news comes in threes, don't buy PVC."

Since your crib railing protector is BPA- and phthalate-free, it's likely as safe as it gets. The other option would be an organic cotton cloth cover.

 David Suzuki Foundation

easy to assemble. PVC is less safe because it's made with vinyl chloride which is cancer-causing.

It also poses serious environmental and health threats at all stages of its life cycle —from manufacturing to use to disposal.

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# Bacon & beans prove simple can be great

MATTHEW MEAD / THE ASSOCIATED PRESS

Want to build a better salad? Lose the chill, ditch some of the fruit and get the proportions of the vinaigrette right.

That's the advice of Jacques Pepin, star of Essential Pepin, which will air in the fall.

Pepin says a great salad can be simple as long as the ingredients are fresh and the proportions are right. Too much fruit produces a salad that is too sweet. Likewise, most salads taste best when served cool, but not cold.

"Also important is the use of great-quality oils and vinegars," he said. "And these should be mixed in the proper ratios: one part vinegar to three parts oil."

Pepin offers a warm salad of bacon or pancetta tossed with white beans. It is a hearty salad but still feels fresh thanks to a generous use of vinegar and chopped fresh parsley.

"When beans are combined with pancetta and seasoned with vinegar, garlic and olive oil, the result is a salad that is almost like a stew," he said.

### Preparation:

**1** In saucepan over low heat, place bacon. Sauté, covered, for 8



► This salad calls for small white navy beans, but you can substitute for a similar variety.

minutes, or until meat has rendered much of its fat. Add onion and garlic and cook, stirring, for about 5 seconds.

**2** Transfer contents of saucepan, fat and all, to

### Ingredients:

- 250 g (8 oz) slab bacon or pancetta, cut into 1-cm (1/2-inch) pieces
- 1 medium onion, chopped (about 250 ml/1 cup)
- 6 garlic cloves, crushed and chopped
- 2 cans (398 ml/14 oz) navy
- 2 ml (1/2 tsp) salt
- 125 ml (1/2 cup) chopped fresh parsley
- 45 ml (3 tbsp) red wine vinegar
- 45 ml (3 tbsp) olive oil
- 5 ml (1 tsp) ground black pepper

a large bowl. Add beans, salt, parsley, vinegar, oil and pepper. Mix well, then serve warm. **THE ASSOCIATED PRESS / ESSENTIAL PEPIN BY JACQUES PEPIN (HOUGHTON MIFFLIN HARCOURT, OCTOBER, 2011)**

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# A friendlier feeding of the front lawn

► Having gone green early, one couple's business is blooming ► Have they had time to stop and smell the roses?

## TURNING POINT

TERESA KRUZE  
LIFE@METRONEWS.CA

 "Being an entrepreneur is having a vision and sticking to it. Sometimes you're on the edge of insanity but I think the companies that succeed are the people that push through the hard times and make it."

Tammy Lawrence and husband Dave knew they were on to something big 15 years ago when they started developing organic lawn-care products. They were ahead of the curve and the pesticide bans that would sweep across Canada.



► Tammy Lawrence, president and owner of Turf Revolution.

Years of costly research and development followed and now their company, Turf Revolution,

based in Ayr, Ont., is set to grow 74 per cent this year. The business is exciting and they just expand-

ed into the U.S. market, but Tammy admits guiding a company through the recent global recession has taken a huge toll on their lives.

"I wish we had known about the unexpected

costs. We didn't anticipate how much growth we would have and how much cash flow we would need but I feel the breakthrough is around the corner. We just have to keep forging ahead."

## Greener greens

### Organic Fertilizer Market

- Revenue of \$160 million a year
- Market expected to grow 30 per cent over next five years
- Recent survey found 90 per cent of home owners want non-chemical products
- Using organic lawn products means less water and mowing

Source: Turf Revolution, [turfrevolution.com](http://turfrevolution.com)

# So much more than selling some clothes

## BOOK REVIEW

CRAIG LUND  
LIFE@METRONEWS.CA

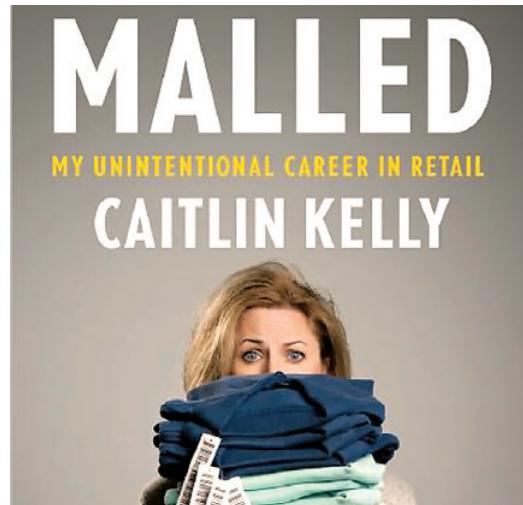
 Recall your most recent shopping trip, and chances are your experience

whether positive or negative was most likely influenced by your interaction with a retail sales associate.

Caitlin Kelly, a veteran journalist facing declining opportunities for quality paying writing assignments, picked up a retail gig in an upscale neighbourhood mall to create some additional part-time income.

In her book, *Malled*, she journals her two year retail stint.

"I have never worked in any job that paid so little for such hard work," says Kelly.



Even though 70 per cent of the U.S. economy relies on its GDP from consumer spending, "retail sales associates, clerks, floor walkers, team members — whatever you choose to call them — remain oddly invisible in the media."

Kelly's book offers some sobering insights into this gruelling and highly under appreciated job.

Kelly attributes the silence

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because "most workers doing these tough jobs for low wages are those least able to afford losing them... they have powerful incentive to remain silent."

The fact however is that companies that have figured out how to keep their staff happy by providing fair wages, benefits, training and a safe work environment clearly outperform their competi-

tors. Why? When over 85 per cent of buying decisions take place at the store a "lousy or lazy clerk can send you spinning right back onto the street, frustrated, empty-handed, and indignant — or a good one can help you happily spend all sorts of money on items you hadn't planned to purchase that day, maybe ever."

Told from the perspective of an experienced

professional, Kelly's insights offer a sympathetic look into the backrooms of the gleaming sales floors we peruse... I for one will certainly be more patient and friendly on my next shopping trip.

CRAIG LUND, IS THE PRESIDENT OF MARKETING SERVICES FIRM MARKETING TALENT INC. AND CAN BE REACHED AT [CLUND@MARKETINGTALENTINC.COM](mailto:CLUND@MARKETINGTALENTINC.COM) OR ON TWITTER @CRAIGLUND

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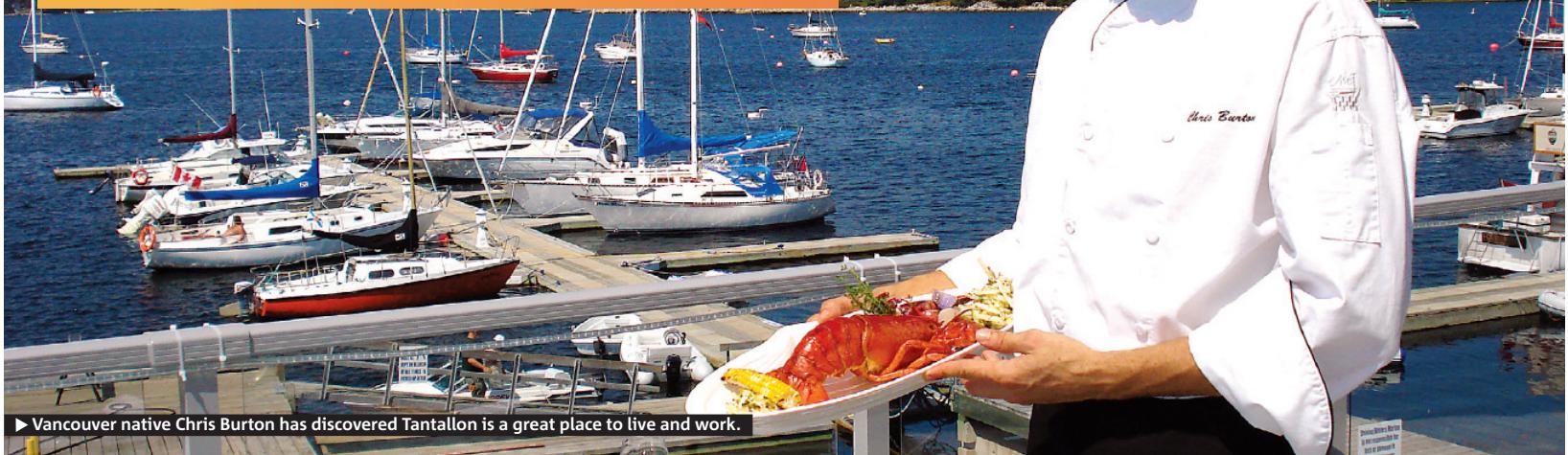
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MONDAY, JUNE 13, 2011

## Your Neighbourhood: **TANTALLON**



# Living just a whiff away from the sea

► Discover the stunning beauty of a neighbourhood with small-town heart minutes from downtown Halifax

**TOM MASON**  
FOR METRO

Chris Burton was a long way from his Vancouver hometown when he chose to settle down with his family seven years ago.

There were a lot of things that attracted him to Tantallon and the proximity to downtown Halifax was one.

Tantallon offered a small-town ambiance just a

few minutes drive from the city. There were good schools in the area and golf courses so that he could indulge his passion for the game.

The sea that Burton loved was just a whiff away, and several new upscale neighbourhoods — Haliburton, Westwood Hills, Highland Park, White Hills and others — offered a good selection of new homes.

But it was the stark beauty of the Tantallon

landscape that was the biggest draw. "It's a different kind of beauty than you get on the West Coast," he says. "But it's just as impressive."

The Burton family is one of hundreds who have chosen to put down roots in Tantallon in recent years. Spurred on by the newly divided Highway 101 connection to Halifax and by the exponential growth of new neighbourhoods in the area, the once sleepy whistle stop village on the road

to Chester has mushroomed over the last decade to become one of Halifax Regional Municipality's fastest growing communities.

With that growth has come a flurry of new infrastructure — two shopping malls, a large recreation facility and a modern high school — all were built in the last decade. As a result there is a strong new sense of community.

For Burton, the community has become more than

home. It is also the place where he now makes his living.

When he first settled in Tantallon his workday included a commute into the busy heart of Halifax where he was the head chef at a popular downtown restaurant.

Today, he runs his own business as a preferred caterer in Tantallon, preparing menus for in-home parties, giving cooking classes and demonstrations and stag-

ing weddings and special events at nearby Shining Waters Marine and Oceanstone Inn.

He loves the opportunity to work close to his home and young family, and he continues to make new discoveries about his adopted community every day.

"I had been living here for five years before I realized how stunning this place really is," he says. "It's a great place to call home."

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For everyone else, the Bluff can be digested in smaller bites by carefully staying on the first or second of its four interlocking loops. With moose and black bear a common sight, the trail is a way to get up

close and personal with the province's wildlife, but it's also just minutes from downtown Halifax on the outskirts of the community of Tantallon.

For many Tantallon residents, recreation and the great outdoors are synonymous. It's no wonder, despite the community's rapid growth, it still sits on the edge of a vast Nova Scotian wilderness criss-crossed with popular hiking trails.

Some, like the Old Annapolis Road Hiking Trail, are the remains of long-abandoned roads — tree-lined footpaths that once carried the carts and car-

riages of another age. The most popular trail in the area — the "rails to trails" system — is the route of the abandoned South Shore Railway. Others, like the Bluff Trail, are more rudimentary. All of them are well used and often crowded with hikers and cyclists on fine weekend days.

For those who prefer their recreation indoors, Tantallon has other opportunities, including the Saint Margarets Centre, a full-service facility with two ice surfaces (Olympic and NHL sized), an outdoor heated pool, a full sized gymnasium, fitness centre

and meeting and convention space.

From 2009 to 2010 patrons passed through the doors of the centre about 750,000 times, says general manager Mike Leroux. Most people come for the ice surfaces that are available year-round.

"This will be our third year without taking the ice out," he says.

"We installed the Olympic surface for the short track speedskating events at the Canada Games that we hosted last year and it's made the rink a real magnet for the sport across Halifax. Hockey is also very popular here."

## Ramping up a national park

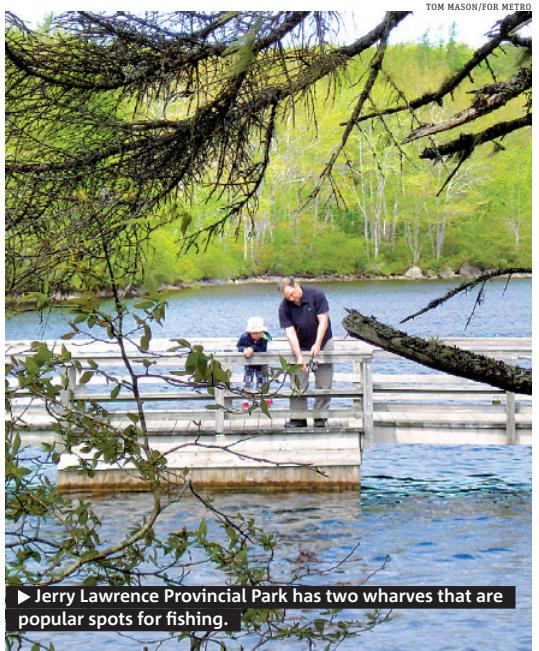
Named after well-known Halifax radio host and provincial cabinet minister Jerry Lawrence who overcame the daily challenges of a wheelchair, Jerry Lawrence Provincial Park is well known for the wonderful facilities it offers to the otherwise-abled.

At the park, visitors in wheelchairs can fish for rainbow and brook trout and yellow perch in the well-stocked lake, bird watch along ramped na-

ture trails and picnic in a quiet lakeside setting.

Two wide wharves extend into the lake, both allowing wheelchair anglers easy access to the richest part of the lake.

The wharf closest to the parking area extends well out into the water — the best location for spring fishing. The second wharf is much shorter but is located at the deepest part of the lake — the best spot for summer and fall fishing. ■ **TOM MASON**



► Jerry Lawrence Provincial Park has two wharves that are popular spots for fishing.

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## Crossing paths in Tantallon

Tantallon has always been a crossroad.

For thousands of years the Mi'kmaq people lived in the valleys of Big Indian, Rafter and Panuke Lakes.

Arrowheads, tools, and pieces of pottery are still strewn along the rivers and lakeshores.

In fact, Rafter Lake on the edge of Tantallon is one of the few places in Nova Scotia where pre-ceramic artifacts have been found that date back at least 2,500 years.

After the founding of Halifax, the granite hills at the head of St. Margaret's Bay saw waves of settlement.

Decommissioned soldiers from the Napoleonic Wars were the first to settle.

Wellington and Kemptown, two early settlements, flourished in the area for about a century. Traces of those communities can still be found along the trails in old orchards, decaying house foundations, bridges, the remnants of stone fences scattered in the overgrown forests.

In the 1820s Tantallon became an important commercial logging centre.

Before the days of heavy trucks, the network of lakes and rivers transported logs to ships waiting at the head of St. Margaret's Bay.

In the 19th century the community was the junction of two provincial

roads. Today, Old Saint Margaret's Bay Coach Road to Lunenburg and the Old Annapolis Road to the Annapolis Valley have been transformed into popular hiking trails.

A railroad that once connected Tantallon to the outside world also became a popular hiking trail when the rails were torn up in the 1970s.

Highway 103 is now the key thoroughfare to the area, and with its opening 30 years ago, Tantallon became a bedroom community for Halifax.

Despite all the development, it still retains the small-town character that has shaped the community for two centuries.

● TOM MASON



► In just three years, the Train Station Bike and Bean has become a destination of choice for cyclists throughout the Halifax area.

## Bean there, biked that

► Cycle along the rail trail to the Bike and Bean

 **TOM MASON**  
FOR METRO

the heart of Tantallon, along with ATVs, horses, and people with their dogs out for a stroll.

Many of them stop for a coffee — or something a little stronger — at the Train Station Bike and Bean.

"We've got the three things cyclists love," says Bike and Bean co-owner Marilou Levangie, "coffee, beer and ice cream."

The Bike and Bean is unique in Nova Scotia — a combination bike shop and café located trailside in the historic French Village Train Station in Tantallon, complete with a caboose.

Over the last decade, volunteers and contractors have plastered over old railway trestles with safe, secure foot bridges, replaced old gravel rail beds with low-dust surfaces, and put up signs and vehicle barriers.

Today, cyclists are common on the Rails to Trails network that runs through

the rail-bed trail today. There they can relax on the trailside patio, take part in Friday night pizza night or just meet up with friends for a ride.

"We even get a lot of cyclists who bike in from downtown Halifax just to come here," says Levangie.

In the three years since the Bike and Bean opened, it has become an important part of the Tantallon community, especially for those looking to get outside and in shape, says Levangie. She hopes their success will be the start of a trend.

"There are bike trails around Montreal that are lined with B&Bs, cafés and other businesses catering to cyclists. I'd love to see the day when Nova Scotia's trail system has something like that."



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## A mariner's mecca

► For new sailors, seasoned yachters and everything in between, visit St. Margaret's Bay

 **TOM MASON**  
FOR METRO

For many hurried city dwellers Tantallon is a connection to the sea. It's not just a place to shelter sailboats and head out onto the waters of St. Margaret's Bay.

At the community's heart there is a convoluted inlet known as the Head of St. Margaret's, a maze-like waterway that

has long been a haven for sailors, kayakers and power-boaters.

The twisting fingers of the inlet make Tantallon a great place for beginners to practice boating skills away from the choppy waters of St. Margaret's Bay and many Haligonians have learned to sail here.

Several places in the area have become focal points for sailors and paddlers. St. Margaret Sailing Club operates a popular learn to sail program and

hosts regular races throughout the summer. Sea Sun Kayak Adventures offers kayak rentals and guided tours of the waters around St. Margaret's Bay and Tantallon. Shining Waters Marina is a full-service marina with boat storage for large and small yachts, a repair facility and boat shop and the only dockside fuel pumps in the bay.

Ivan Nickerson is the event and facilities manager at Shining Waters. He says the marina's 8,000 square foot venue has become a centre for community activities and has been attracting more than just sailors in recent years.

"Our wrap-around patio is a really beautiful venue for social events. We host a lot of community events here, like a Father's Day themed event and Canada Day fireworks. We've become a real gathering place for the Tantallon community."



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## Giving back

ments in Tantallon. "These buildings are owned by people from the community, and people from the community work here. We've built and renovated them ... it's our way of giving back," says Anthony Fielding, owner of the accounting firm and building. ■ **TOM MASON**

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# 4

## sports

## Quoted



**"I've really worked on getting those kickoffs deeper. If I can put them down on the 10, inside the 10 hopefully, and stay consistent on field goals, it will be a good year."**

FORMER SAINT MARY'S HUSKIES KICKER JUSTIN PALARDY, NOW WITH THE WINNIPEG BLUE BOMBERS, ON IMPROVING HIS KICKOFFS THAT WERE TOO OFTEN LANDING ON THE 20-YARD LINE IN HIS CFL ROOKIE SEASON.



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# Marchand prepared for Game 6 battle

**►** Hammonds Plains native says Bruins need to come out with more energy against Canucks in Boston



MATTHEW WUEST  
@METRONEWS.CA

The Boston Bruins have no interest in watching the Vancouver Canucks do victory laps with the Stanley Cup around TD Garden tonight.

"We want to be the ones to lift the cup," said Bruins rookie winger Brad Marchand, a Hammonds Plains native, on Saturday.

"We want to fight as hard as we possibly can to make sure that happens. We know if that's going to happen, we have to win our next game."

The Canucks, poised to become the first Canadian team to hoist the cup since the Montreal Canadiens in 1993, have the Bruins on the ropes after a narrow 1-0 victory in Game 5 on Friday in Vancouver.

While it was a tight game separated only by Maxim Lapierre's sharp-angle shot with 4:35 to go, Marchand indicated it was the Bruins' lacklustre showing that resulted in the setback.

"It just didn't seem like we had our energy," said Marchand, who has eight goals and seven assists in 23 games.



**"They're not going to come in here and just let us have the game because we're at home. It's going to be a battle right down to the end."**

BRUINS FORWARD BRAD MARCHAND

"Everyone seemed a little slow and our legs just weren't going."

Game time is 9 p.m. (CBC) and Marchand said the Bruins intend to "leave everything on the ice."

"We know we're fighting for our lives, so ... we have to be very determined," Marchand said. "Make sure that we're ready, because obviously, we're in a very tough spot. We have to make sure we're ready."

## Moose Dry rolls past Bearcats

Dartmouth Moosehead Dry hammered the Truro Bearcats 10-1 last night at Beazley Field to strengthen its hold on top spot in the Nova Scotia Senior Baseball League.

Former Milwaukee Brewers seventh-round draft choice Craig Langille pitched seven innings and surrendered just five hits for the victory.

Darren Doucette led the bats with a home run, two

singles and three RBI, while Colin Johnson delivered a home run and two singles.

The win puts the Dry at 6-1 while the Bearcats are 5-4.

The Halifax Pelham Canadians, who split a doubleheader with the Kentville Wildcats on Saturday at Mainland Common, are a game and a half behind the Dry at 5-3.

● METRO

Decisive. Dunbrack



► Halifax Dunbrack's Ally Read, left, and Valley United's Chantal Landry collide as they vie for the ball during Nova Scotia Soccer League EastLink Premiership action at Mainland Common yesterday.

RYAN TAPLIN/METRO

## Dunbrack blows out Valley United

Ally Read had a goal as Halifax Dunbrack dumped Valley United 5-0. Kate MacDonald, Hannah Abenheimer, Laura Gray and Leanne Huck had the other singles as first-place Dunbrack improved its record to 5-0.

### Sports in brief

#### Dunbrack tops in Premiership

NSSL. Defending champion Halifax Dunbrack moved into top spot in the men's Nova Scotia Soccer League EastLink Premiership on Saturday. Dunbrack blanked Valley United 2-0 and has a 3-1-1 record, one point ahead of Halifax City and Dartmouth United. ● METRO



► Darren Doucette

### Monctonians game for NBL

NBL. The National Basketball League of Canada would be supported in Moncton, according to an independent survey conducted by Corporate Research Associates. In a poll of 400 Moncton residents, 16 per cent said they'd attend "numerous" NBL Canada Games, while 37 per cent said they'd attend "at least a few contests."

● METRO



Jays swept  
by Red Sox  
in blowout  
fashion

14

1

RED SOX

JAYS

If this weekend's three-game series against the Boston Red Sox was a measuring stick for the Toronto Blue Jays, then their rebuilding project still has a long way to go.

The Red Sox completed the sweep of the Blue Jays yesterday with a 14-1 victory to extend their season-best winning streak to nine games. They outscored the Blue Jays 35-6 in the three games.

"That's a good weekend, you can't count on that very often, that doesn't happen like that all the time," Red Sox manager Terry Francona said. "You'll take it when you can get it."

David Ortiz and Kevin Youkilis drove in four runs each and left-hander Jon Lester (9-2) pitched a two-hitter over eight innings as the Red Sox dropped the Blue Jays to 7½ games behind them in the American League East.

The Red Sox had four home runs among their 17 hits. Ortiz hit a three-run homer in Boston's six-run fifth, Youkilis hit a two-run homer in the ninth, Dustin Pedroia hit a two-run homer in the fifth and Adrian Gonzalez belted a solo shot in the first. **THE CANADIAN PRESS**

# Mavs get redemption in Miami

► Heat outmatched in second half as Nowitzki and Co. win Dallas its first NBA championship

For Dirk Nowitzki, the résumé is complete. He's an NBA champion.

For LeBron James, the agonizing wait continues for at least one more year.

Avenging what happened five years ago in perfect turnaround style, the Dallas Mavericks won their first NBA title by winning Game 6 of this final in Miami 105-95 last night — celebrating on the Heat's home floor.

Jason Terry scored 27 points, Nowitzki added 21 and the Mavericks won four of the series' last five games, a turnaround that could not have been sweet-

105



MAVERICKS

95



HEAT

er after seeing the Heat celebrate their first title in Dallas after Game 6 of the 2006 finals.

"Tonight," Terry said, "we got vindication."

James did not. Not even close, and a year unlike any other ended the way they

all have so far — with him waiting for an NBA title.

He scored 21 points for Miami, shook a few hands afterward, and departed before most of the Mavs tugged on their championship hats and T-shirts. Chris Bosh had 19, Mario Chalmers 18 and Dwyane Wade 17 for the Heat.

Mavs coach Rick Carlisle joined a highly elite group, those with NBA titles as both a player and a head coach. Only 10 other men are on that list, including the presumably retired Phil Jackson, one of Carlisle's mentors in K.C. Jones, and Heat president Pat Riley —

who led Miami past Dallas in 2006, and was the mastermind behind the Heat getting James, Wade and Bosh on the same team.

But the Heat lost the last game and that means this year was a disappointment — except to just about everyone else in the NBA.

When it was over, Mavs owner Mark Cuban ran onto the court to hug Carlisle, then punched the air and whooped.

Dallas took control in the second half after some wild back-and-forths in the opening two quarters. Miami took its last lead of the game just 64 seconds into

the second half, lost it 16 seconds later and chased the Mavericks the rest of the way.

They never caught up.

Jason Kidd, at 38 years old, got his first championship. Nowitzki got his at 32 and Terry at 33.

Nowitzki sealed it with 2:27 left, hitting a jumper that put Dallas up 99-89. He walked to the Mavs' side of the court slowly, right fist clenched and aloft.

He knew it. Everyone did.

"All those unique individual stories is what propelled us to this victory," Terry said. **THE ASSOCIATED PRESS**



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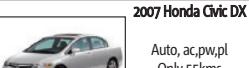
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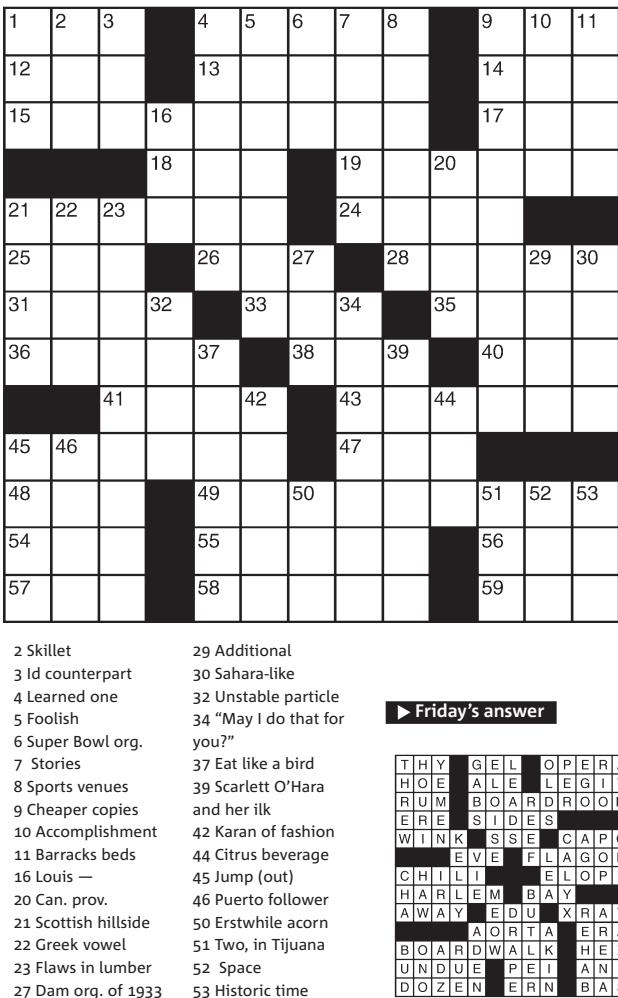
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## Crossword

**Across**  
 1 Gorilla  
 4 Year-end visitor  
 9 Col. Sanders' chain  
 12 Droop  
 13 Up to the point that  
 14 Ultra-modernist  
 15 Tennessee city  
 17 Cheerios ingredient  
 18 Moving truck  
 19 Makes into law  
 21 Revealing swimsuit  
 24 Polio vaccine pioneer  
 25 Director Howard  
 26 Explosive letters  
 28 Leaf pore  
 31 Teensy bit  
 33 A Gabor sister  
 35 Get an — effort  
 36 Consume fully  
 38 Priestly vestment  
 40 Workweek end (Abbr.)  
 41 Weeded, in a way  
 43 Rented  
 45 Wild horse  
 47 Antiquated  
 48 Have a bug  
 49 It's all in your head  
 54 Hockey surface  
 55 "What's in —?"  
 56 Rowing need  
 57 — Angeles  
 58 Acquires  
 59 Resort  
  
**Down**  
 1 Request  
 2 Skillet  
 3 Id counterpart  
 4 Learned one  
 5 Foolish  
 6 Super Bowl org.  
 7 Stories  
 8 Sports venues  
 9 Cheaper copies  
 10 Accomplishment  
 11 Barracks beds  
 16 Louis —  
 20 Can. prov.  
 21 Scottish hillside  
 22 Greek vowel  
 23 Flaws in lumber  
 27 Dam org. of 1933



## Today's horoscope



For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♈ Aries** March 21-April 20 Now is the time to say sorry and get things back to how they used to be.

**♉ Taurus** April 21-May 21

Lighten up and stop worrying about things that are unlikely to happen, now or in the future.

**♊ Gemini** May 22-June 21

Something that only a short time ago seemed to be difficult if not impossible will now seem ridiculously easy.

**♋ Cancer** June 22-July 22 Family problems will be less intense as from today.

**♌ Leo** July 23-Aug. 23 If there is something you have wanted to say but felt unable to put into words you'll get past that blockage today.

**♍ Virgo** Aug. 24-Sept. 22 If you have been deceiving yourself about the true state of your money situation the truth will come out today.

**♎ Libra** Sept. 23-Oct. 23 So many of the things you have been getting up to are not worth the effort.

**♏ Scorpio** Oct. 24-Nov. 22 Don't waste time looking back and regretting what happened. Look forward and start making things happen.

**♐ Sagittarius** Nov. 23-Dec. 21 Dreaming is one thing — doing can be a bit more of a challenge.

**♑ Capricorn** Dec. 22-Jan. 20

Make sure important people know you exist and what you can do.

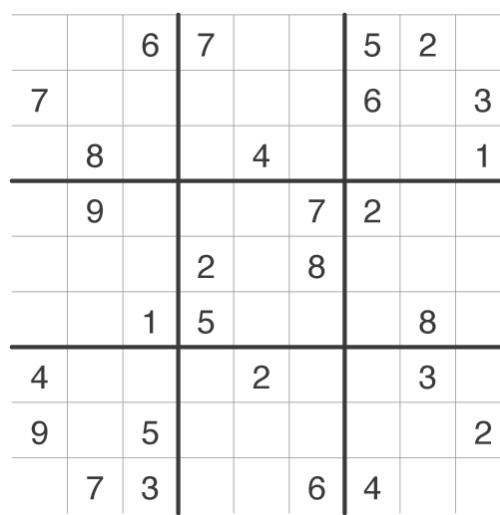
**♒ Aquarius** Jan. 21-Feb. 18

Something you have always believed in may not be as simple as you had assumed.

**♓ Pisces** Feb. 19-March 20 You have not made the most of your resources of late, but you can still do something about it.

• SALLY BROMPTON

## Sudoku



## Send a KISS

You can now post your kiss, and read even more kisses, online at [metronews.ca/kiss](http://metronews.ca/kiss).

**Tai-On**

Hey, Tai-On. Wherever you are... If, by chance, you are reading this, then you probably would know that our conversation between us was good and... I just miss you. I wish we could have made contact with each other...

LG

**Mr. C**

As we get closer to our wedding day in August, I'm so happy we're taking all these important steps together. I couldn't be happier than I am with you. I love you muffin!

MISS D

*bubba flinch*

happy 5 months boo! i love you more than anything in the whole universe.

*tank+stacey=<3 lol, through thick & thin. xoxo.*

CHEESE BALL



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ►

Today



Tuesday

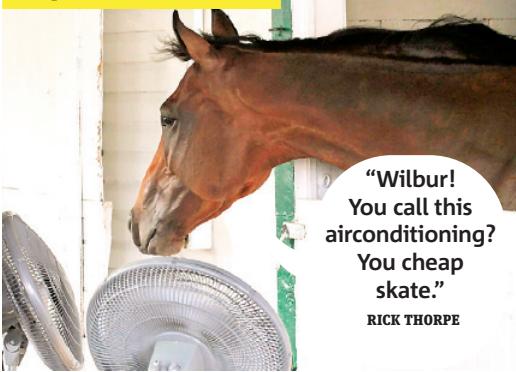


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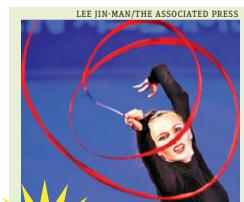
The Weather Network

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## Caption contest



"Wilbur!  
You call this  
airconditioning?  
You cheap  
skate!"  
RICK THORPE



WIN! You write it!

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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